

Heene Road Surgery

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Goring Road Surgery

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Heene Road Vets
passionate about pet care

Newsletter March / April '10

Practice Open Day

Plans are fully underway for our Practice Open Day on Saturday 17th April at 206 Heene Road, Worthing. You are invited to come along between 3pm and 5pm to have an extensive look round our newly refurbished surgery. We'll have visiting guests from Hill's pet foods and WADARS (a local animal charity) as well as all the members of staff who will be happy to chat and answer any questions you may have. You can meet the vets and watch the nurses demonstrating some procedures. We will be holding a raffle in aid of WADARS and Save the Rhino International. Join us for some bucks fizz and cake - we look forward to seeing you all and hope you will enjoy the afternoon.

New Heene Road Vets website

We are delighted to launch our new Heene Road Vets website which is full of useful information for both established and new customers. As well as containing all the contact details you would need to reach us, the website also has details of our latest offers and news. It is now possible to order your repeat prescriptions via the Heene Road Vets website. There is an easy procedure to follow – just see the home page. Basic details of our treatments and services are included and would be a useful read for the first time pet owner. In the unfortunate event that your pet should be lost, we have incorporated a “Lost and Found” section which will enable clients to contact us with the relevant details which we will then display on our website. Have a look on www.heeneroadvets.co.uk - we would love to have your feedback!

We are also on “Twitter” - find out what's happening on a daily basis.



Registered Charity No. 1112194



Good for our health!

We've known for a long time that owning a pet can reduce our anxiety levels, but now researchers have found that pet owners have lower blood pressure and lower cholesterol. They make 21% fewer visits to the doctor and report fewer headaches, less indigestion, depression and insomnia than non-pet owners. Pets can also help us recover from illness: the charity Pets as Therapy (PAT) take cats and dogs into hospital wards to meet patients and help lift their mood and speed up their recovery. Studies of heart attack victims, in fact, have shown that pet ownership was the second most important factor for long term survival, behind only the condition of the heart itself.



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Death by Chocolate

As Easter approaches, don't forget to keep those chocolate eggs well away from your dog and cat. Chocolate, particularly the plain type, contains theobromine, a caffeine-like chemical, which gives chocoholics their "buzz". In dogs however, due to their relatively slow breakdown of this substance, a similar amount can cause abdominal pain, vomiting, excitability and muscle tremors and eventually circulatory collapse and death. To emphasise the danger, a 200g bar of plain chocolate contains enough theobromine to kill an average-sized spaniel. This poison is also found in variable amounts in all other cocoa products, such as cocoa shells which are often used for mulching the garden. So if you own a "hoover" who just can't resist trying new and exciting foods, take particular care at Easter.

If you find it difficult to hide away those chocolates, then please feel free to leave them at either of our surgeries for safe keeping!



Bird watching for beginners

If you're interested in becoming a bird watcher, the Pulborough branch of the RSPB will be running a workshop/class for beginners on the 15th March. Cost is £25 per person (£20 for RSPB members). The workshop will be held at Pulborough Brooks, Uppertons Barn Visitor Centre, Wiggonholt, Pulborough. View location on Google Maps (<http://maps.google.co.uk/maps?f=q&hl=en&q=rh20+2el>) Time: 9am – 4pm.

For further information about this event: Telephone 01798 875851 or e-mail: pulborough.brooks@rspb.org.uk

HAPPY EASTER!